

ICPT

Pelvic Health India Summit 2026

International Conference on Physiotherapy
Pelvic Floor Rehabilitation & Women's Health

7 December 2026 | Navi Mumbai, India

www.icptmumbai.in

PAPER • POSTER • PRESENTATION SUBMISSION & GUIDELINES

Empowering Evidence-Based Practice in Pelvic Floor Rehabilitation & Women's Health



PELVIC HEALTH
— **SUMMIT** —
— **2026** —

SCIENTIFIC SESSIONS

Format of Presentation

Four formats are accepted for presentation: Platform Presentations (Papers) · Poster Presentations (Digital Only) · Innovation Presentations. Case Studies

Delegate Categories & Eligible Submissions

Delegate Category	Categories of Papers, Posters & Innovations
Ph.D Scholars	a. Ph.D Pelvic Floor & Women's Health Category: Research on Pelvic Floor rehab / Women's Health specialty b. Ph.D Miscellaneous Category: Research on any Physiotherapy specialty c. Case Studies: Only related to Pelvic Floor rehabilitation across all genders, Women's health & geriatric within the scope of the conference. Note: Ph.D Papers include Protocol Presentation, Systematic Review, Pilot Study and Research Study.
Professionals	a. Pelvic Floor & Women's Health Category: Research on Pelvic Floor rehab / Women's Health specialty b. Case Studies: Only related to Pelvic Floor rehabilitation Note: Includes completed studies — Systematic Review, Pilot Study and full Research Study.
Students	a. Pelvic Floor & Women's Health Category: Research on Pelvic Floor rehab / Women's Health specialty b. Case Studies: Only related to Pelvic Floor rehabilitation Note: Includes completed studies — Systematic Review, Pilot Study and full Research Study.
All Categories	Innovations & Patents: Pelvic Floor rehab / OBGYN / Women's Health specialty innovations falling within the conference theme scope.

POSTER & PAPER GUIDELINES

Call for Abstracts

The Scientific Committee of **ICPT Pelvic Health India Summit 2026** is pleased to invite all **Physiotherapy professionals, Ph.D Scholars, Innovators & PG Students** to submit their Scientific Abstract for consideration for presentation during the conference to be held on **7 December 2026** at **Navi Mumbai, India**.

Presentation Formats

Platform Presentations (Papers)

Duration: 08 minutes oral presentation + 2 minutes Q&A, moderated by a chair.

Papers will be grouped together around related sub-categories and topics.

Poster Presentations (Digital Only)

Duration: 05 minutes oral presentation of a digital poster + 2 minutes Q&A.

Posters are reports summarizing information using brief written statements and graphic materials — such as graphs, charts, figures, and photographs — presented digitally.

Innovation & Patent Presentations

Duration: 08 minutes oral presentation + 2 minutes Q&A, moderated by a chair.

Physiotherapists and students who have registered a patent and / or developed an innovation tool which has potential to become a product or benefit the community may present in this category.

Platform, Poster & Innovation Presentations are considered by the Scientific Committee to be of equal standing and judged by the same standards.

Ph.D Scholar Presentations

A registered Ph.D scholar of Physiotherapy discipline of any UGC-recognized university or overseas university may present their registered Ph.D topic under the following stages:

- Protocol Presentation (Synopsis)
- Literature Review of Ph.D Topic
- Pilot Study
- Phase-wise / Complete Research Study

Important: Proof of Ph.D registration is required. Ph.D scholars who have been awarded their Ph.D before the time of abstract submission are not eligible under this category.

Prize Structure: Every category will have 3 prizes. Professionals, Ph.D Scholars & Students will be assessed separately.

ABSTRACT GUIDELINES

All abstracts must be prepared strictly according to these guidelines. Incomplete or incorrect submissions will not be reviewed. Early submission is strongly encouraged to ensure prompt confirmation and processing.

General Requirements

- The abstract must be written in **ENGLISH**.
- Each submission must be made **by email**. Kindly refer to the email list below.
- The submitting author must be the **presenting author**. Correspondence will be done with the presenting author, although the presenting author does not have to be the first named author.
- A prospective presenter may submit and present **up to two abstracts as the presenting author**. There is no restriction on being included as a co-author on other abstracts; however, an individual may act as the presenting author for a maximum of two abstracts only.
- **One presenting author per paper** is permitted. Only an author may present the abstract; if no author is available, the abstract will be withdrawn.
- A maximum of **four authors** may be listed. Additional authors beyond the first four will be indicated as et al. in conference proceedings.
- The body of the abstract is limited to **300 words** (excluding title and author information), structured under the required headings below.
- All presentations must describe **original work** to which all listed authors have made a significant contribution.
- It is the responsibility of the author to submit an **accurate abstract**. Abstracts will be published as **submitted, without editing**. The author bears full responsibility for accuracy.
- Abstracts whose authors **do not register with full payment** before the last date of registration will be withdrawn.
- Presenting authors only will receive a **Certificate of Presentation**.
- All decisions of the Scientific Committee will be **final**.

Email Submission Addresses

Submission Category	Email Address
Professional Papers, Posters & Case Studies	icptprofessional@gmail.com
Ph.D Scholars & Innovation Presentations	icptphdinnovation@gmail.com
Student Papers, Posters & Case Studies	icptstudent@gmail.com

Abstract Structure (300 words maximum)

Heading	Description
Title	TITLE OF THE ABSTRACT (in CAPS)
Author(s)	Name with affiliations
Purpose	What was the major reason for doing the study? Any secondary objectives?
Relevance	How does this study relate to physiotherapy practice / management / education / policy and the evidence base?

Heading	Description
Participants	Describe the number and relevant characteristics of the participants and how they were selected.
Methods	What methodological approach was used for the study and data collection?
Analysis	Describe the type of qualitative / quantitative data analysis used to interpret your data.
Results	Briefly summarize the main findings derived from your analysis.
Conclusion	What can be concluded from the analysis? What are the suggestions for future work?
Implications	For physiotherapy practice / management / education / policy.
Keywords	Use up to 3 words supplementary to the topic.

SELECTION CRITERIA & IMPORTANT DATES

Selection Criteria

The following criteria will be used to review all research and special interest report abstracts:

- Abstract written clearly and concisely
- Title clearly describes the abstract
- A clear purpose is stated
- Context within current evidence base is presented
- Method / approach is appropriate to stated aims
- Evaluation / analysis and results are appropriately applied and interpreted
- Strengths and weaknesses of work are highlighted
- Relevance and implications to physiotherapy clearly expressed
- Suggestions for further work are included
- Interest to a large and diverse audience

All submitted abstracts undergo a blind peer-review process carried out by expert reviewers. Selection is based on conformance to the stated criteria and the standard of acceptance.

Important Dates

Early Bird Registration Deadline	30 August 2026
Abstract Submission Deadline	30 September 2026
Notification of Abstract Acceptance	01 November 2026
Last Date to Register (selected abstracts)	10 November 2026
Conference Date	07 December 2026

Note: Accepted papers, posters, innovations, and case studies will be displayed on the conference website from **1st November 2026** onwards. A **unique Abstract Code** will be allotted to each submission. Presenters are requested to prominently mention their Abstract Code on all presentation materials.

PRESENTATION GUIDELINES

Digital Poster Design Guidelines

- The poster must be made in **digital format only**. No physical posters will be accepted.
- The poster will be displayed on **55" LCD TV** at the poster terminal. Set your page size to 40.97 × 23.04 inches (or less than 55" with Landscape orientation) — a 16:9 ratio at 1080p resolution (1920×1080 pixels).
- You must create the digital poster in **Microsoft PowerPoint format (.PPT / .PPTX)** only.
- To save your time, resources & efforts, **we will upload few PPT templates** on our website www.icptmumbai.in approximately 2 months before the conference. Please use an official template.
- All elements of your poster should be easy to view from a distance of **3 metres**.

Design Principles

- Combine text with graphics to convey major research points quickly and effectively
- Incorporate images that help visualize your research
- Add graphs that support your hypothesis or key study findings
- All diagrams and drawings must be completely labelled
- Keep statistics simple; use equations only when necessary for understanding
- Present research in a clean and simple manner — clarity aids comprehension
- Use colours to emphasize, differentiate, and add interest — never at the expense of legibility

Typography Recommendations

- **Arial or Times New Roman** are recommended
- **Section Headers:** minimum 48pt
- **Supporting Image / Graph Titles:** minimum 36pt
- **Body Copy & Image Captions:** minimum 28pt (visibility issues occur below 28pt)
- **Bold** to emphasize important points
- Maintain consistent font styles throughout the poster

Platform / Poster Presentation Structure

This is the standard scientific paper / poster format; you may modify it to suit your content:

- **Title:** Research report title exactly as submitted at registration
- **Presenter Code:** Provide your unique code — do NOT include your name or institute
- **Introduction:** State the problem, your hypothesis, and optional explanation of its importance (1–3 sentences)
- **Materials & Methods:** Summarise your methods and procedures
- **Results:** Summarise data through headlines, illustrative graphs, and pictures — display only main findings
- **Discussion & Conclusion:** Summarise key conclusions and relate data back to the original problem
- **Literature & Acknowledgments:** List all cited references; include acknowledgments only if funded by an authority / institute

General Presentation Instructions

- **Mention PAPER / POSTER CODE** on first slide

- **SAVE the PPT/ ppx file with PAPER / POSTER CODE as the filename**
- Do NOT mention your name or institute name in the presentation
- Follow standardised font sizes for PPT presentations
- **8 minutes**; 2 minutes are allocated for Q&A
- **5 marks will be deducted** if the presentation exceeds 8 minutes & it will be stopped immediately
- No restriction on number of slides, but the 8-minute limit is strictly enforced
- Kindly upload your PPT at the designated counter / hall at the time of registration

Innovation & Case Study Presentations

Candidates presenting under this section may use their own presentation format as best suited to the nature of the case or innovation.



We are eager to hear your Research • Poster • Innovation • Case Study

Best wishes for your preparation and presentation from the Organizing Team.

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